

## ABOUT US



### McGill Students for Menstrual Healthcare

We are a student-for-student working group dedicated to policy reform at McGill university for Menstrual Equity in Healthcare.



## CONTACT US

CONTACT FORM:  
<https://forms.gle/vQQ19qTA3tcWFH2m8>



@MSMH  
PETITION:  
<https://chnng.it/xwr5J6nW6c>



MCGILL STUDENTS  
FOR MENSTRUAL  
HEALTHCARE

Let's talk

about menstrual  
equity at McGill



Your frequently asked  
questions, answered.

## THE BASICS

**Q: What is Menstrual Equity in Healthcare?**

Menstrual equity encompasses the right of all individuals who menstruate to have access to safe, affordable, and accessible menstrual products, adequate hygiene facilities, and comprehensive menstrual health education. It also encompasses adequate healthcare for menstrual-related disorders.



**Q: Why does it matter at McGill?**

A: McGill offers inadequate healthcare coverage, policy protection, and menstrual access to services to individuals who menstruate.



**Q: How does this impact women and menstruating individuals?**

A: Women dealing with biological-related disorders, illnesses, and infections must hold the psychological weight of managing their health all while maintaining their academic success without the medical support offered to other students.

## RECOMMENDATIONS

**Policies to protect menstruating individuals.**

**Equitable Healthcare Coverage**

**Abolishment of Mandatory Attendance for All students**

**Overhaul of the SSMU free menstrual product initiative.**

**More single-stall bathrooms with sinks for period hygiene**

**Overhaul of Wellness Center for International and Resident Students**

## WHAT CAN YOU DO?

**Join the Movement**

McGill Students for Menstrual Healthcare is always looking for collaborators for our campaign - staff and students alike.

**Join our next walk-out**

Our walk-out series begins on X Date at X time. See our website for more details.

**Contact your SSMU representative**

Have your SSMU representative advocate during SSMU meetings.

**Sign the Petition!**

